



Reservoir Group Classes 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		GLA:D (Christian) 9:00am		GLA:D (Christian) 9:00am	Clinical Pilates (Christian) 9:00am
Clinical Pilates (Emily) 2:00pm	Supervised Hydrotherapy (Kara/Ben) 12:00pm	Clinical Pilates (Emily) 2:00pm	Diabetes Program (Chris) 1:00pm	Supervised Hydrotherapy (Tracy) 12:00pm	
Clinical Pilates (Emily) 5:30pm		Clinical Pilates (Emily) 5:30pm			

Printed 30 May 2017

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