



Reservoir Group Classes 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					GLA:D (Christian) 8:00am
			Diabetes Program (Christie) 11:00pm		Clinical Pilates (Christian) 9:00am
Clinical Pilates (Emily) 5:00pm	Supervised Hydrotherapy (Louise) 12:00pm	Clinical Pilates (Emily) 2:00pm		Supervised Hydrotherapy (Christian) 12:00pm	
Clinical Pilates (Emily) 6:00pm	GLA:D (Christian) 8:00am				

Printed 08/01/18

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